

**FOR IMMEDIATE RELEASE:**

2/24/25

**Office for the Aging Offering Free Medicare Mondays Presentations**

The St. Lawrence County Office for the Aging is offering a new program called **Medicare Mondays!** Over the next four months, the department will present free, public Medicare 101 presentations to help answer questions and concerns regarding Medicare plan options and open enrollment. This is a great opportunity to have your questions answered prior to the hectic Medicare Open Enrollment season in the fall.

The department only has 1 Medicare Counselor and it can be challenging to schedule a one-on-one meeting during Open Enrollment, with over 27,000 older adults in our County. Please take advantage of this opportunity to learn more about Medicare and how to make informed choices about your health insurance options.

All presentations will be held in Canton at the Human Services Building located at 80 State Highway 310, 2<sup>nd</sup> Floor Conference Room. For more information, please call (315) 386-4730.

**Medicare Mondays: Medicare 101 Presentations:**

**March 3rd: 10:00 am - 11:00 am**

**April 7th: 2:00 pm - 3:00 pm**

**May 12th: 10:00 am - 11:00 am**

**June 2nd : 2:00 pm - 3:00 pm**

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In Photo: Event Flyers

**About St. Lawrence County Office for the Aging:**

The Office for the Aging provides service and advocacy for county residents 60 years and older. Programs and services includes: Nutrition Centers and Home Delivered Meals; Home Care Services; Family Caregiver Support; Medical Transportation; Legal Services; Health Insurance Information Counseling and Assistance. The Office's mission is to develop a service system specifically designed to best meet the social and human needs of the elderly.

**Contact:**

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